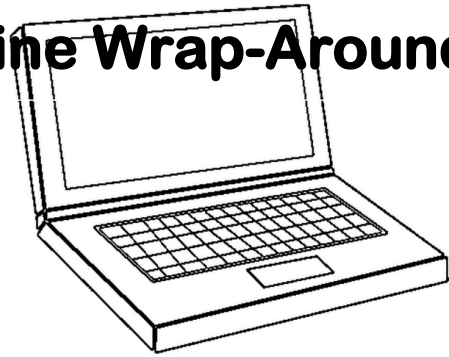# Online Wrap-Around Training Options for Home Visitors

Here is a selection of online training options that relate to home visitor competencies.

This is by no means a complete list of all the options available.

Looking for a topic that's not on this list? Email janetumble@pcadelaware.org for assistance.

If you find other resources that might benefit your home visitor colleagues, please send that information to janetumble@pcadelaware.org for posting here.

Check back periodically for new additions to this list.

WHAT DO THESE ONLINE COURSES COST?

Most of the options listed here are free.   You are responsible for payment if you choose an option that requires a fee.

NOTE:

The courses listed have not been approved for Delaware CNE's.

DE THRIVES http://dethrives.com/

This website offers a 40 minute webinar on Birth Spacing and educational materials to download & share with families – along with lots more information on a wide range of topics like Safe Sleep, Oral Health, Family Shade (resources for children with special healthcare needs) and . . .

NATIONAL FAMILY SUPPORT COMPETENCY FRAMEWORK MODULES - FREE

These free modules, developed by the Institute for the Advancement of Family Professionals, are based on the National Family Support Competency Framework for Family Support Professionals.   **Each module is linked to specific competencies from the framework; the description of each module lists the particular competencies it relates to. For example: the module titled *"Abusive Head Trauma (Shaken Baby Syndrome): Prevention and Education Techniques for Home Visitors"* lists the 3 competency areas it connects to: Child Health, Safety & Nutrition; Infant and Early Childhood Development; Child abuse, neglect, and maltreatment.   This makes it easy to find topics that pertain to the competency you are working on.**   The description also tells you approximately how long it will take to complete the module.

Currently there are 60 modules available on this website, but more are being added on a regular basis. So if you don't find exactly what you are looking for, check back periodically.

Note to supervisors: This website also offers training modules related to the supervision of home visitors.

You can find a complete description of the modules and can access the modules at this website:

https://institutefsp.org/modules

Here is a sample of the training modules based on the National Family Support Competency Framework for Family Support Professionals – there are many more options on the website. Check them out!

Breastfeeding 1: Helping Mothers Choose Breastfeeding	Home Visiting 102: Home Visitor Skills and Strategies
Breastfeeding 2: Helping Mothers Initiate Breastfeeding	Nutrition Basics
Breastfeeding 3: Helping Mother Continue Breastfeeding	Personal Safety for Home Visitors
Child Development: Secrets of baby Behavior	Prenatal Basics for Home Visitors
Child Development: 3 to 5	Professional Conduct and Self Care
Confidentiality for Family Support	Staying Safe While Supporting Families
Early Intervention: Impact of Perinatal Substance Abuse on Infants	Supporting Dual Language Learning Families
Engaging Fathers in Children's Lives	Supporting Immigrant Families: A Culturally Humble Approach

EARLY CHILDHOOD LEARNING AND KNOWLEDGE CENTER

The **NO-COST** resources on this website are designed primarily for home-based and/or center-based Head Start programs, but many of the topics can also be useful to home visitors employed in other programs.

Here's a sampling of topics helpful to home visitors – there are many, many more . . .

Front Porch Webinar Series   https://eclkc.ohs.acf.hhs.gov/search/eclkc?q=Front+Porch+Broadcast+Series

Explore this excellent collection of early childhood development resources for teachers and administrators.

Planning Virtual Home Visits and Socialization Activities with Families – Randi Hopper, NCECDTL and Leslie Maxfield, NCPFCE
https://eclkc.ohs.acf.hhs.gov/video/planning-virtual-home-visits-socialization-activities-families

Learning to Play and Playing to Learn in the Home Environments – Dawson Nichols, NCECDTL and Joyce Escorcia, NCECDTL
https://eclkc.ohs.acf.hhs.gov/video/planning-virtual-home-visits-socialization-activities-families

Asking Good Questions to Support Children's Thinking and Learning – Marley Jarvis, Ph.D., National Center on Early Childhood Development, Teaching and Learning.
https://eclkc.ohs.acf.hhs.gov/video/asking-good-questions-support-childrens-thinking-learning

Connecting with Nature: Using the Natural World to Support Children's Development Across Learning Domains
Beth Zack, Ph.D., National Center on Early Childhood Development, Teaching and Learning
https://eclkc.ohs.acf.hhs.gov/video/using-natural-world-support-childrens-development

Developing Self-regulation in Young Children; Lessons from Research – Ross A. Thompson, Ph.D., University of California, Davis
 https://eclkc.ohs.acf.hhs.gov/video/developing-self-regulation-young-children-lessons-research

Measuring What Children Can Do In All Languages: Developmental Assessment For Children Who Are Dual Language Learners
Ryan W. Pontier, Ph.D. and Christine R. Hughes, Ph.D., Florida International University
https://eclkc.ohs.acf.hhs.gov/video/measuring-what-children-can-do-all-languages-developmental-assessment-children-who-are-dual-language

The Role of Music in Children's Development
Dr. Tal-Chen Rabinowitch, Institute for Learning and Brain Sciences at the University of Washington

[Preschool Expulsions and Suspensions, and Why We Should Care](#)
Dr. Walter S. Gilliam, Yale University

[Why Young Children Need Structured Motor Play](#)
Paddy Cronin Favazza, University of Massachusetts Boston

[Tiered Supports for Individual Learners](#)
Susan R. Sandall, University of Washington

[Improving Head Start Children's Understanding of Numbers](#)
Dr. Robert S. Siegler

[A Framework for Understanding Early Writing Development](#)
Dr. Sonia Cabell, University of Virginia

[The Importance of Peer Interaction and Social Pretend Play](#)
Dr. Carollee Howes, University of California at Los Angeles

[The Characteristics of Intentional, Mature, Make-Believe Play: How Play Influences Development](#)
Dr. Deborah J. Leong, Metropolitan State University of Denver

[Science for Preschoolers? Yes and No](#)
Professor Rochel Gelman, Rutgers-New Brunswick University

[Caregiver Interventions to Enrich Early Language Environments for Children in Poverty](#)
Dr. Dana Suskind, University of Chicago Comer Children's Hospital

[Assessment and Progress Monitoring in Early Childhood](#)
Dr. Scott McConnell, University of Minnesota

[Teaching New Words: Embedding Vocabulary Instruction in Storybooks](#)
Dr. Elizabeth Spencer and Dr. Howard Goldstein, Ohio State University

[Poverty and the Development of Effortful Control](#)
Dr. Liliana Lengua, University of Washington

Caring Connections Podcast Series **https://eclkc.ohs.acf.hhs.gov/teaching-practices/article/caring-connections-series**

These podcasts are designed to offer you important tidbits of information that focus on topics relevant to your work with infants, toddlers, and their families.

[Podcast 1: Let's Talk About You](#)

[Podcast 2: Let's Talk About Nourishment](#)

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Podcast 3: Let's Talk About Routines

Podcast 4: Let's Talk About Environments

Podcast 5: Let's Talk About Following the Baby

Podcast 6: Let's Talk About Movement

Podcast 7: Let's Talk About Music

Podcast 8: Let's Talk About Empathy

Family Support & Well-being Modules – Scroll down to bottom of first page; use the button there to go to full list of resources. Click on "Learning Module" at top of list of resources.

https://eclkc.ohs.acf.hhs.gov/browse/topic/family-support-well-being?type=All&audience=All&options=All&res-type=744

Module 1: Overview of Family Homelessness - In this overview, learn more about family homelessness.

Module 2: Understanding Family Homelessness - In this overview, understand more about family homelessness.

Module 3: Understanding the McKinney-Vento Homeless Assistance Act's Definition of "Homeless" - Learn why it is important for professionals to understand the definition of "homeless children and youth," in their work with families. The definition is included in Section 725(2) of the McKinney-Vento Homeless Assistance Act [42 U.S.C. § 11435a(2)].

Module 4: Determining a Family's Homeless Situation - Find out how to determine if a family's situation meets the federal definition of "homeless" for children and youth. Learn to use respectful, strengths-based strategies to learn more about a family's living situation.

Module 5: Identifying and Reaching Out to Families Experiencing Homelessness - Identifying and reaching families experiencing homelessness require planned and active efforts. They are also essential for children and families' access to early childhood and school-age child care programs. Learn how to identify and reach out to families experiencing homelessness. Discover local- and state-level partners you can connect with to enhance efforts in these areas.

Module 6: Enhancing Program Access and Participation for Children Experiencing Homelessness - Learn the seven strategies to expedite enrollment into early childhood and school-age care services. Also, explore how to enhance participation and continuity of care for children experiencing homelessness.

Module 7: Building Relationships with Families -Explore the concepts of family engagement and how to engage families experiencing homelessness. Learn to apply these strategies using real-life scenarios.

Module 8: Connecting with Community Partners - Discover the importance of connecting with community partners to provide supports and services for children and families experiencing homelessness. Explore strategies to build and broaden these connections.

Culture and Language https://eclkc.ohs.acf.hhs.gov/culture-language. Scroll down to bottom of first page; use the button there to go to full list of resources. Click on "Learning Module" at top of list of resources.

Dual Language Learners; Considerations and Strategies for Home Visitors https://eclkc.ohs.acf.hhs.gov/publication/dual-language-learners-considerations-strategies-home-visitors

Engaging with Families of Children who are Dual Language Learners https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/learning-guides-engaging.pdf

Intentional Language Support for Children who are Dual Language Learners https://eclkc.ohs.acf.hhs.gov/publication/intentional-language-support-children-who-are-dual-language-learners

Specific Strategies to Support Dual Language Learners (DLLs) When Adults Do Not Speak Their Language - Find tips classroom staff and home visitors can use when they do not speak the languages of the children in their care.

Code Switching: Why It Matters and How to Respond - Virtually all children who are learning English while also learning their home language will code switch. In other words, they mix two or more languages in the same sentence while speaking. It is important that teachers, home visitors, and other staff understand what code switching is, the role it plays in language development, and how to respond to it.

Brilliantly Bilingual: Growing up with Two Languages - In this talk, learn about young children's amazing capacity to learn multiple languages. The presenter shares the basics of how children learn language, how learning multiple languages influences that process, and the cognitive benefits of bilingualism.

Dual Language Learners with Challenging Behaviors - Children communicate so much through their behavior. Teachers and caregivers will find this article useful in identifying strategies for working with dual language learners exhibiting challenging behaviors.

Gathering and Using Language Information That Families Share - Questions to ask families about their child's language background, dual language development, language dominance, home language experiences, English language experiences, individual characteristics of the child. https://eclkc.ohs.acf.hhs.gov/publication/gathering-using-language-information-families-share

Nutrition   https://eclkc.ohs.acf.hhs.gov/browse/topic/nutrition Scroll down to bottom of first page; use the button there to go to full list of resources. Click on "Learning Module" at top of list of resources.

Responsive Feeding: Developing Healthy Eating Habits from Birth Learn how to encourage and incorporate responsive feeding into families' mealtime routines. Explore this suite of materials for home visitors and other program staff.

Healthy Home Visiting: Responsive Feeding Podcast Staff that work with families and young children are encouraged to explore this resource to learn how to make responsive feeding a part of families' mealtime routine.

Responsive Feeding Webinars Three short webinars on responsive feeding and how home visitors can help families make the most of mealtimes.

Parent Provides. Child Decides. Feeding your baby is an opportunity to bond and get to know each other. This short video explains two approaches that support healthy feeding with your baby.

Family Mealtime Find out how family mealtime can be an important opportunity to support child development.

Building Healthy Mealtime Habits Mealtime isn't all about eating—it's also a time for families to build healthy habits. Together.

Supporting Healthy Eating at Home Find out how family mealtime can be an important opportunity to support child development.

Oral Health   https://eclkc.ohs.acf.hhs.gov/oral-health Scroll down to bottom of first page; use the button there to go to full list of resources. Click on "Learning Module" at top of list of resources.

Oral Health: Health Tips for Families - This fact sheet in multiple languages provides tips to help families ensure that their children's oral health begins in infancy. https://eclkc.ohs.acf.hhs.gov/publication/oral-health-health-tips-families

Healthy Habits for Happy Smiles – Handouts for parents: Helping Children Stop Using a Pacifier, Visiting the Dentist, Choosing Healthy Drinks, and more . . . https://eclkc.ohs.acf.hhs.gov/browse/series/healthy-habits-happy-smiles

School Readiness and Related Topics   Scroll down to bottom of first page; use the button there to go to full list of resources. Click on "Learning Module" at top of list of resources.

https://eclkc.ohs.acf.hhs.gov/browse/topic/teaching-practices

 https://eclkc.ohs.acf.hhs.gov/school-readiness/teacher-time-series/preschool-series

Supporting Children's Early Brain Development - In this webinar, explore how children's back-and-forth interactions during everyday experiences and routines build the brain. Also, find out how these interactions can set the stage for a lifetime of learning.

Encouraging Toddlers to Share - https://eclkc.ohs.acf.hhs.gov/podcast/encouraging-toddlers-share

Self-Regulation: Reframing the Terrible Twos - https://eclkc.ohs.acf.hhs.gov/podcast/self-regulation-reframing-terrible-twos

Positive Behavior Support – Birth -5 - https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/positive-behavior-support-birth-5
Explore positive, proactive approaches to challenging behaviors that focus on building social and emotional skills with young children. Find out ways to build healthy responsive relationships and support emotional literacy development. Discover how to support problem-solving, peer relationship skills, and provide individualized support for challenging behaviors.

Let's Talk About Following the Baby – A podcast that highlights the importance of communicating with infants and toddlers, and following their lead as they explore their environment. https://eclkc.ohs.acf.hhs.gov/video/lets-talk-about-following-baby

The Importance of Schedules and Routines - https://eclkc.ohs.acf.hhs.gov/about-us/article/importance-schedules-routines

Schedules and Routines at Home - https://eclkc.ohs.acf.hhs.gov/about-us/article/schedules-routines-home

More than Fun and Games: Digital Technologies and Children's Learning - https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/more-fun-games-digital-technologies-childrens-learning

Help Me Calm Down! Teaching Children How to Deal with Their Big Emotions
https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/help-me-calm-down-teaching-children-how-cope-their-big-emotions

Help Me Make a Strong Start! Strategies for Successful Kindergarten Transitions - https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/help-me-make-strong-start-strategies-successful-kindergarten-transitions

Asking Questions, Birth to Five - Learn strategies for using questions to extend conversations with infants, toddlers, and preschoolers.
https://eclkc.ohs.acf.hhs.gov/video/asking-questions-birth-five

Redirecting Behavior - Learn ways to redirect a child's challenging behavior before it escalates.
https://eclkc.ohs.acf.hhs.gov/video/redirecting-behavior

My Parents, My Teachers is a video that highlights the importance of enriching the everyday experiences of children through reading, communication, and play music from birth. Appropriate to share with parents. https://eclkc.ohs.acf.hhs.gov/video/my-parents-my-teachers

It's a Big Problem! Teaching Children Problem Solving Skills - Find out how to teach problem-solving skills to children in the moment.
https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/its-big-problem-teaching-children-problem-solving-skills

DE INSTITUTE OF EXCELLENCE IN EARLY CHILDHOOD (DIEEC)

Check out these **FREE** stand-alone online courses at

https://dieecpd.org/online-opportunities

These courses are quality-assured by DIEEC which is housed at University of Delaware.

You need to register as a New User at https://dieecpd.org/ to take a course.

- Active Bodies Build Active Minds – 2 hours
- Secrets of Infant Behavior: What are Your Babies Telling You? - 4 hours
- Inclusion: Best Practices – 5 hours
- Child Development – 6 hours
- Positive Behavior Management – 3 hours
- Prevent & Control of Infectious Diseases, Asthma, & Allergies – 2 hours
- Child Abuse & Neglect – 3 hours
- Connecting Children with Nature – 2 hours
- Supporting Children When They Are Homeless – 3 hours
- Sprouting Healthy Habits – 2 hours
- Observation and Assessment – 3 hours