

## HOME VISITORS' AREAS OF EXPERTISE TO SHARE

Together, Delaware's home visitors possess a wealth of knowledge and expertise that could be useful to their peers. Fortunately for you, many of them have indicated a willingness to share what they know with their colleagues. Shadow them on a home visit, ask them to demonstrate a skill or help you think through a problem in person, by phone or email or virtually.

This guide lists 10 competency domains from the National *Family Support Competency Framework* that are common to Delaware's home visiting programs. The names and email addresses of home visitors are listed under the specific domains in which they are willing to share their expertise.

If you'd like to add your name to this guide, please contact [janetumble@pcdelaware.org](mailto:janetumble@pcdelaware.org) with your email address and area of expertise.

## HOW TO USE THIS GUIDE

Each page of the guide is printed with 2 columns. First you read the left hand column; then the right hand column on each page.

You will find a box with a heading for each of the 10 domains in **RED UNDERLINED CAPITAL LETTERS**.

Under each domain you will find a number of dimensions printed in **bold italicized red ink**.

Under each dimension there is a list of components related to that dimension printed in **underlined bold black ink**.

The names and email addresses of home visitors who indicated they are willing to share their expertise in that area are listed below the component. You may email them directly to get their assistance.

Sometimes you will see the name and email address of a home visitor directly under the box with the name of the domain and a note that says *\*\*All of Domain*. That means this individual has expertise in all the dimensions listed for that domain.

# HOME VISITORS' AREAS OF EXPERTISE TO SHARE

January 2024

From National Family Support Competency Framework - 2022 Edition

## **COLLEAGUES WHO CAN PROVIDE ASSISTANCE WITH A NUMBER OF TOPICS:**

Brazil Yates [brazil.yates@cffde.org](mailto:brazil.yates@cffde.org)

### **DOMAIN 1: INFANT AND EARLY CHILDHOOD DEVELOPMENT**

**\*\*All of Domain 1:** Marleaha Garber -  
[marleaha.garber@cffde.org](mailto:marleaha.garber@cffde.org)

#### **Dimension 1: Typical and atypical development**

##### **Developmental domains**

Christina Kline -  
[Christina.kline@lf.k12.de.us](mailto:Christina.kline@lf.k12.de.us)

##### **Developmental stages and milestones**

Christina Kline -  
[Christina.kline@lf.k12.de.us](mailto:Christina.kline@lf.k12.de.us)

##### **Individual needs and differences**

Christina Kline -  
[Christina.kline@lf.k12.de.us](mailto:Christina.kline@lf.k12.de.us)

##### **Developmental delays or identified special needs**

Christina Kline -  
[Christina.kline@lf.k12.de.us](mailto:Christina.kline@lf.k12.de.us)

#### **Dimension 2: Prenatal development**

Stephanie Wagner  
[stephanie.wagner@polytech.k12.de.us](mailto:stephanie.wagner@polytech.k12.de.us)

Paula Stratton- [paula.stratton@cffde.org](mailto:paula.stratton@cffde.org)

Christine Olley  
[Christine.hoeflicholley@lf.k12.de.us](mailto:Christine.hoeflicholley@lf.k12.de.us)

##### **Fetal development**

##### **Teratogens**

#### **Dimension 3: Infant care**

##### **Crying**

##### **Diapering**

##### **Bathing**

##### **NAS soothing techniques**

#### **Dimension 4: Early language and communication**

##### **Language development**

##### **Dual language learning**

##### **Autism**

Christina Kline -  
[Christina.kline@lf.k12.de.us](mailto:Christina.kline@lf.k12.de.us)

Natalie Pereira -  
[Natalie.Pereira@lf.k12.de.us](mailto:Natalie.Pereira@lf.k12.de.us)

#### **Dimension 5: Early learning**

**\*\*All of Dimension 5:**

Christina Kline -  
[Christina.kline@lf.k12.de.us](mailto:Christina.kline@lf.k12.de.us)

##### **Routines and interactions**

[lea.attarian@cffde.org](mailto:lea.attarian@cffde.org)

##### **Learning through play**

##### **Developmentally appropriate**

##### **Early literacy**

# HOME VISITORS' AREAS OF EXPERTISE TO SHARE

January 2024

From National Family Support Competency Framework - 2022 Edition

## **DOMAIN 2: CHILD HEALTH, SAFETY, AND NUTRITION**

### **\*\*All of Domain 2:**

Stephanie Wagner -

[Stephanie.wagner@polytech.k12.de.us](mailto:Stephanie.wagner@polytech.k12.de.us)

Christine Olley

[Christine.hoeflicholley@lf.k12.de.us](mailto:Christine.hoeflicholley@lf.k12.de.us)

### **Dimension 6: Infant mental health**

### **\*\*All of Dimension 6:**

Christina Kline -

[Christina.kline@lf.k12.de.us](mailto:Christina.kline@lf.k12.de.us)

### **Brain development**

### **Toxic stress**

### **Mental health concerns**

### **Dimension 7: Child health and wellness**

### **Immunizations**

### **Well child visits**

### **Common childhood illnesses**

### **Oral health care**

### **Dimension 8: Safe environments for young children**

### **Safe sleeping**

Breanna Thomas

[Breanna.thomas@christianacare.org](mailto:Breanna.thomas@christianacare.org)

### **Poison prevention**

### **Vehicle safety - car seat**

Breanna Thomas -

[Breanna.thomas@christianacare.org](mailto:Breanna.thomas@christianacare.org)

### **Childproofing**

Michala Abrams -

[Michala.abrams@cffde.org](mailto:Michala.abrams@cffde.org)

Breanna Thomas -

[Breanna.thomas@christianacare.org](mailto:Breanna.thomas@christianacare.org)

### **Dimension 9: Child nutrition**

### **Breastfeeding**

Michala Abrams -

[Michala.abrams@cffde.org](mailto:Michala.abrams@cffde.org)

Natalie Pereira -

[Natalie.Pereira@lf.k12.de.us](mailto:Natalie.Pereira@lf.k12.de.us)

### **Formula feeding**

### **Infant nutrition**

### **Nutrition of young children**

### **Dimension 10: Child abuse, neglect, and maltreatment**

### **Signs of abuse**

### **Shaken baby syndrome**

Michala Abrams -

[michala.abrams@cffde.org](mailto:michala.abrams@cffde.org)

Krystal reyna Grubjesic -

[krystal.reyna-grubjesic@christina.k12.de.us](mailto:krystal.reyna-grubjesic@christina.k12.de.us)

# HOME VISITORS' AREAS OF EXPERTISE TO SHARE

January 2024

From National Family Support Competency Framework - 2022 Edition

## **DOMAIN 3: PARENT-CHILD INTERACTIONS**

**\*\*All of Domain 3:**

Stephanie Wagner -

[stephanie.wagner@polytech.k12.de.us](mailto:stephanie.wagner@polytech.k12.de.us)

Paula Stratton - [paula.stratton@cffde.org](mailto:paula.stratton@cffde.org)

Christine Olley -

[Christine.hoeflicholley@lf.k12.de.us](mailto:Christine.hoeflicholley@lf.k12.de.us)

### **Dimension 11: Influences on parenting**

**Parent's childhood experiences**

**Social context**

**Child temperament and goodness of fit**

**Parental self-efficacy**

### **Dimension 12: Parent-child relationship**

**Attachment**

**Sensitivity and responsiveness**

**Facilitation of interactions**

### **Dimension 13: Developmentally appropriate guidance**

**Discipline versus punishment**

Christine Kline - [Christine.kline@lf.k12.de.us](mailto:Christine.kline@lf.k12.de.us)

**Positive guidance strategies**

Christine Kline - [Christine.kline@lf.k12.de.us](mailto:Christine.kline@lf.k12.de.us)

**Promoting self-regulation**

## **DOMAIN 4: DYNAMICS OF FAMILY RELATIONSHIPS**

Christine Kline - [Christine.kline@lf.k12.de.us](mailto:Christine.kline@lf.k12.de.us)

**\*\*All of Domain 4:**

Paula Stratton - [paula.stratton@cffde.org](mailto:paula.stratton@cffde.org)

### **Dimension 14: Healthy family functioning**

**Family communication**

**Family strengths**

**Conflict resolution**

**Networks of support**

### **Dimension 15: Influences on family well-being**

**Racism and discrimination**

**Culture and language**

**Socioeconomic status**

**Risks and stressors**

### **Dimension 16: Fatherhood**

**Importance of fathers**

**Engaging fathers in home visits**

**Non-custodial fathers**

# HOME VISITORS' AREAS OF EXPERTISE TO SHARE

January 2024

From National Family Support Competency Framework - 2022 Edition

## **DOMAIN 5: FAMILY HEALTH, SAFETY, AND NUTRITION**

### **Dimension 17: Maternal health**

**\*\*All of Dimension 17:**

Marleaha Garber -  
[marleaha.garber@cffde.org](mailto:marleaha.garber@cffde.org)

**Contraception**

**Family planning**

**Prenatal care**

**Prenatal nutrition**

**Pregnancy risk factors**

**Postpartum depression**

Michala Abrams -  
[Michala.abrams@cffde.org](mailto:Michala.abrams@cffde.org)

### **Dimension 18: Mental health**

**Depression**

**Toxic stress and trauma**

Christine Kline - [Christine.kline@lf.k12.de.us](mailto:Christine.kline@lf.k12.de.us)

**Mental illness**

### **Dimension 19: Physical health**

**Family diet**

**Exercise**

**Substance use**

Michala Abrams -  
[Michala.abrams@cffde.org](mailto:Michala.abrams@cffde.org)

### **Dimension 20: Environmental safety**

**Fire safety**

**Emergency preparedness**

### **Dimension 21: Intimate partner violence**

**\*\*All of Dimension 21:**

Marleaha Garber -  
[marleaha.garber@cffde.org](mailto:marleaha.garber@cffde.org)

**Recognizing intimate partner violence**

**Safety planning**

# HOME VISITORS' AREAS OF EXPERTISE TO SHARE

January 2024

From National Family Support Competency Framework - 2022 Edition

## **DOMAIN 6: COMMUNITY RESOURCES AND SUPPORT**

**\*\*All of Domain 6:**

Christine Olley -

[Christine.hoefflicholley@lf.k12.de.us](mailto:Christine.hoefflicholley@lf.k12.de.us)

**Dimension 22: Building community  
relationships**

**Identification of community resources**

Cindy Biederman -

[cbiederman@qualityinsights.org](mailto:cbiederman@qualityinsights.org)

**Collaboration with providers**

Cindy Biederman -

[cbiederman@qualityinsights.org](mailto:cbiederman@qualityinsights.org)

**Dimension 23: Service system  
coordination and referral**

**\*\*All of Dimension 23:**

Cindy Biederman -

[cbiederman@qualityinsights.org](mailto:cbiederman@qualityinsights.org)

**Referral process**

**Transition**

**Dimension 24: Advocacy**

**Empowering families**

**Service barriers**

## **DOMAIN 7: RELATIONSHIP- BASED FAMILY PARTNERSHIPS**

**Dimension 25: Respect and  
responsiveness**

**Respect for diversity**

**Relationship building**

**Dimension 26: Positive communication**

**Active listening**

**Effective inquiry**

**Dimension 27: Collaboration**

**Role of family support professional**

**Goal setting**

**Action planning**

## **DOMAIN 8: CULTURAL AND LINGUISTIC RESPONSIVENESS**

**Dimension 28: Cultural competency**

**Cultural identity**

**Knowledge of culture**

# HOME VISITORS' AREAS OF EXPERTISE TO SHARE

January 2024

From National Family Support Competency Framework - 2022 Edition

## **DOMAIN 9: EFFECTIVE HOME VISITS**

### **\*\* All of Domain 9:**

Stephanie Wagner

[stephanie.wagner@poltyech.k12.de.us](mailto:stephanie.wagner@poltyech.k12.de.us)

Paula Stratton - [paula.stratton@cffde.org](mailto:paula.stratton@cffde.org)

Christine Olley -

[Christine.hoeflicholley@lf.k12.de.us](mailto:Christine.hoeflicholley@lf.k12.de.us)

### **Dimension 31: Assessment**

#### **\*\*All of Dimension 31:**

Christina Kline -

[Christina.kline@lf.k12.de.us](mailto:Christina.kline@lf.k12.de.us)

#### **Assessment cycle**

#### **Screening**

#### **Interviewing**

#### **Observation**

#### **Progress monitoring**

### **Dimension 32: Planning**

#### **Individualization to needs of each family**

#### **Focus on positive child outcomes and**

#### **parent-child interaction**

#### **Parenting education**

### **Dimension 33: Data and documentation**

#### **Professional writing**

#### **Documentation**

#### **Data systems**

## **DOMAIN 10: PROFESSIONAL PRACTICE**

### **\*\* All of Domain 10:**

Christine Olley -

[Christine.hoeflicholley@lf.k12.de.us](mailto:Christine.hoeflicholley@lf.k12.de.us)

### **Dimension 34: Ethical and legal practice**

#### **Mandatory reporting**

#### **Confidentiality/social media and technology**

#### **Policy and procedures**

### **Dimension 35: Reflective Practice**

#### **Critical reflection**

#### **Biases**

### **Dimension 36: Professional development**

#### **Continuous learning**

#### **Current research**

### **Dimension 37: Professional boundaries**

#### **Individual well-being and self-care**

#### **Stress management**

#### **Boundaries**

#### **Personal safety**

### **Dimension 38: Quality improvement**

#### **Program evaluation**

#### **Service quality**

#### **Reflective supervision**